



ALISON@ALISONTEAL.NET | WWW.ALISONTEAL.NET

PROFESSIONAL EXPERIENCE

EMPLOYMENT HISTORY

EMDR Facilitator & Consultant: United States, Canada, and England; 1994 - present

Setting: Retreat Centers, Universities, and Private Venues

Description: Providing consultation, facilitating trainings, teaching EMDR facilitators, leading workshops

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Psychotherapy Practice: Berkeley, California; 1984 - present

Setting: Private Practice Office

Description: EMDR and Expressive Arts therapy with adults, children, and couples

St. Mary's College: Moraga, California; 2009 - present

Setting: Graduate School Counseling Program

Description: Guest Lecturer, EMDR and Trauma

Artist: Pennsylvania, New York, California; 1960 - present

Setting: Various group and individual studios

Description: Experience with a wide variety of materials, media, and processes

Creative Explorations: Berkeley, California; November 1994 - 1996

Setting: Center for Self-Inquiry and Art

Description: Founder & Director: ran classes, workshops, & private sessions, fostered exploration of self through creative process

PROFESSIONAL EXPERIENCE

EMPLOYMENT HISTORY, CON'T

St. Mary's College: Moraga, California; 1990 - 1996 & 2001 - 2008

Setting: Graduate School Counseling Program

Description: Adjunct Faculty; Graduate Counseling Department & Supervisor for graduate students in field placements

STAR: Tubac, Arizona; 2006 - 2010

Setting: Ten-Day Residential Personal Growth Retreat

Description: Workshop leader and lecturer, facilitator, design of psycho-educational programs. (Five retreats between 2006 - 2010)

St. George Homes: Berkeley, California; 1983 - 1985

Setting: Residential Treatment Center

Description: Therapist / Teacher: Designing & Implementing Psycho-Educational Programs; Administrative Duties

Way Home Counseling Center: San Francisco, California; 1982 - 1983

Setting: Community Counseling Center

Description: MFT Internship; Individual / Group Therapist; Administrative / Staff Responsibilities

Birthways, Inc: Oakland, California; 1979 - 1982

Setting: Information, Referral, and Education Organization

Description: Workshop Leader, Support Group Facilitator, Telephone Counselor

Spectrum Educational Center: Oakland / Alameda, California; 1975 - 1978

Setting: Day School for Severely Emotionally Handicapped

Description: Supervision of Teachers, Design & Implementation of psycho-educational programs; Sensory Motor Training Specialist

Green Tree School: Germantown (Philadelphia), Pennsylvania; 1970 - 1973

Setting: Day School for Emotionally Disturbed

Description: Research project funded by the ABC on the relationship of violence as portrayed on television and aggression in children. Administration, research, and analysis of psychological tests. Assistant Teacher.

PROFESSIONAL EXPERIENCE

WORKSHOPS, PRESENTATIONS, & LECTURES

Title: Integrative Resource Protocol: Healing Attachment Wounds

Role: Workshop Presenter

Venue: The Persian Center, Berkeley, California (April & June 2018)

Title: Using Jungian Archetypes for Navigating Life Transitions

Role: Workshop Presenter

Venue: The Persian Center, Berkeley, California (May 2018)

Title: Integrative Resource Protocol

Role: Workshop Trainer

Venue: Berkeley Office (June 2017 - February 2018; five small trainings)

Title: Integrating Sandtray with EMDR

Role: Workshop Trainer

Venue: Berkeley Office (May 2017)

Title: Facilitator Training

Role: Workshop Trainer

Venue: EMDR Focus, LTS., England (April 2017)

Title: Changes and Transitions

Role: Workshop Trainer

Venue: Berkeley Office (May 2017)

Title: Masking and Unmasking Ourselves: An Expressive Arts Workshop

Role: Guest Workshop Presenter

Venue: St. Mary's College Graduate Counseling Program (January 2011 - December 2015; 1x/yr)

Title: Integrating Expressive Arts into Psychotherapy Practice

Role: Co-trainer

Venue: Oakland Office (June 2010)

Title: EMDR and Trauma

Role: Guest Lecturer

Venue: St. Mary's College Graduate Counseling Program (Jan. 2009 - Dec. 2015; 1x or 2x/yr)

Title: Expressive Arts & EMDR with Children

Role: Conference Presenter

Venue: Child Therapy Conference, Los Angeles, California (September 2003)

EDUCATION

PRIMARY EDUCATION

Marriage, Family, Child Counselor (MFT)

California State License #MFC21594, 1985

MA Counseling

St. Mary's College, Moraga, California, 1983

MA Special Education Program

St. Mary's College, Moraga, California, 1979 - 1982

Teaching Credentials

Specialist, Learning Handicapped (TC 93848)

Specialist, Severely Handicapped (TC 93848)

St. Mary's College, Moraga, California, 1979

Standard K-9 (STC 207067)

University of California (Extension), Berkeley, California, 1970

BA Psychology and Fine Arts

Sarah Lawrence College, Bronxville, New York, 1970

EDUCATION

ADDITIONAL EDUCATION

Nine Bodies of Consciousness Teacher Training Program

Phillip Moffitt, Life Balance Institute, California; 2018 - present

Certified Change & Transition Strategist

Phillip Moffitt, Life Balance Institute, California; 2017

Psychodrama Training

Armand Volkas, Oakland, California; 1999

EMDRIA Certified Therapist and Consultant

Austin, Texas; 1998

EMDR Facilitator Training

EMDR Institute, Palo Alto, California; 1994

EMDR Basic Training

EMDR Institute, Palo Alto, California; 1993

Metaphor Therapy Training

David Grove Seminars, varied locations; 1990 - 1992

Reichian & Bioenergetic Therapy Training

Center for Human Growth, Berkeley, California; 1982 - 1984

Lomi / Gestalt Training

Catherine Flaxman, Corte Madera, California; 1982 - 1984

Sensory Motor Training for the Developmentally Disabled

Clara Edgar, Pasadena & Walnut Creek, California; 1975 - 1976